

Learning about emergencies: A sample picture book



Geisinger

When writing a social story, be sure to tailor it to your child's needs and language level and include relevant examples to help them understand.

You can also include pictures of your child with emergency responders and pictures of your local emergency resources (hospital).

**An emergency is
when something
happens quickly.**

It is not what usually happens.



Here are some kinds of emergencies.

A car breaks down.



Someone falls and gets hurt.



Some emergencies can happen at home.

Fires can happen in the kitchen.



When emergencies happen, I can ask for help.

Special people like a doctor, firefighter or police officer may come to help out.



I can practice what to do if there is an emergency.

At school, we have fire drills.

This helps me know what to do if there was a real fire.



There was an emergency when my sister fell in our yard.

An ambulance came to our house with lights and loud noises.

My sister went to the hospital and they took good care of her.

She was home by dinnertime.



One time I was very sick and had a fever.

My doctor's office was closed so my mom and dad took me to the hospital.

I brought my teddy with me.

I was in a different room with different doctors and nurses but they took good care of me.

When I was done I got a prize.

EMERGENCY



Some emergencies happen with bad weather.

If there is a lot of rain with thunder and lightning sometimes we lose power.

When power goes out we don't have lights, TV, tablets and computers.



Sometimes we also lose power when it snows.

We sometimes stay home from school if it snows a lot.



When we lose power, I might feel scared or confused.

My family can remind me that we put together a special bag for when we lose power.



We have lots of things in my special bag.

There are flashlights,
extra batteries
and toys we can
play with.



I may be able to still use my tablet!



My bag has special snacks.

My mom and dad put pretzels and chips in the bag for a treat!



**We may
need to go
to someone
else's house.**

That's okay, because
we bring my special bag
with all my favorite toys
and snacks.



I can practice for emergencies.



Emergencies may not be as scary if I know what to do.

I use my toys to practice what might happen in an emergency.



This material has been produced by Geisinger with generous support from The Rite Aid Foundation.



Autism & Developmental Medicine Institute

120 Hamm Drive, 2nd floor
Lewisburg, PA 17837
570-522-9430

Geisinger Precision Health Center

190 Welles Street, Suite 128
Forty Fort, PA 18704

Geisinger